

# **Ballas Egg Products Corp.**

**40 North Second Street**

**P.O. Box 2217**

**Zanesville, Ohio 43701**

**(740) 453-0386 FAX (740) 453-0491**

## **Dried Egg – Nutritional Information**

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## **Dried Egg Yolks**

### **Nutritional information per 100g \***

Calories	666 kcal
Calories from Fat	502 kcal
Carbohydrate	3.6 g
Protein (N x 6.25)	34.25 g
Ash	3.4 g
Moisture	2.95 g

Total Fat	55.8 g
Saturated Fat	17.15 g
Monounsaturated Fat	21.13 g
Polyunsaturated Fat	7.90 g
Trans Fatty Acids	0 g
Cholesterol	2335 mg

#### **MINERALS**

Calcium	284 mg
Copper	0.012 mg
Iron	5.42 mg
Magnesium	13 mg
Manganese	0.119 mg
Phosphorus	920 mg
Potassium	244 mg
Sodium	135 mg
Zinc	4.93 mg

#### **AMINO ACIDS**

Alanine	1.759 g
Arginine	2.444 g
Aspartic acid	3.348 g
Cystine	0.614 g
Glutamic acid	4.340 g
Glycine	1.058 g
Histidine	0.888 g
Isoleucine	1.732 g
Leucine	3.009 g
Lysine	2.718 g
Methionine	0.849 g
Phenylalanine	1.463 g
Proline	1.430 g
Serine	2.926 g
Threonine	1.819 g
Tryptophan	0.400 g
Tyrosine	1.523 g
Valine	1.907 g

#### **VITAMINS**

Vitamin A	1315 IU
Vitamin B1 – Thiamin	0.29 mg
Vitamin B2 – Riboflavin	1.88 mg
Vitamin B3 – Niacin	0.095 mg
Vitamin B6 – Pyridoxine	0.66 mg
Vitamin B12	5.33 mcg
Folic Acid	244 mcg
Pantothenic acid	7.765 mg

\* Data from Agricultural Research Service, USDA

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## **Free-Flowing Dried Egg Yolks** **Nutritional information per 100g \***

Calories	653 kcal
Calories from Fat	495 kcal
Carbohydrate	3.5 g
Protein (N x 6.25)	34 g
Ash	5.3 g
Moisture	2.89 g

Total Fat	55 g
Saturated Fat	16.81 g
Monounsaturated Fat	20.71 g
Polyunsaturated Fat	7.74 g
Trans Fatty Acids	0 g
Cholesterol	2288 mg

### **MINERALS**

Calcium	279 mg
Copper	0.012 mg
Iron	6.61 mg
Magnesium	13 mg
Manganese	0.117 mg
Phosphorus	902 mg
Potassium	240 mg
Sodium	222 mg
Zinc	4.85 mg

### **AMINO ACIDS**

Alanine	1.724 g
Arginine	2.395 g
Aspartic acid	3.281 g
Cystine	0.602 g
Glutamic acid	4.253 g
Glycine	1.037 g
Histidine	0.870 g
Isoleucine	1.697 g
Leucine	2.949 g
Lysine	2.664 g
Methionine	0.832 g
Phenylalanine	1.434 g
Proline	1.401 g
Serine	2.867 g
Threonine	1.783 g
Tryptophan	0.392 g
Tyrosine	1.493 g
Valine	1.869 g

### **VITAMINS**

Vitamin A	1289 IU
Vitamin B1 – Thiamin	0.28 mg
Vitamin B2 – Riboflavin	1.84 mg
Vitamin B3 – Niacin	0.093 mg
Vitamin B6 – Pyridoxine	0.65 mg
Vitamin B12	5.22 mcg
Folic Acid	239 mcg
Pantothenic acid	7.61 mg

\* Data from Agricultural Research Service, USDA

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## **Dried Whole Eggs**

### **Nutritional information per 100g \***

Calories	594 kcal
Calories from Fat	369 kcal
Carbohydrate	4.95 g
Protein (N x 6.25)	47.35 g
Ash	3.65 g
Moisture	3.1 g

Total Fat	40.95 g
Saturated Fat	12.73 g
Monounsaturated Fat	15.34 g
Polyunsaturated Fat	5.80 g
Trans Fatty Acids	0 g
Cholesterol	1715 mg

#### **MINERALS**

Calcium	231 mg
Copper	0.196 mg
Iron	6.79 mg
Magnesium	42 mg
Manganese	0.125 mg
Phosphorus	831 mg
Potassium	493 mg
Sodium	523 mg
Zinc	5.28 mg

#### **AMINO ACIDS**

Alanine	2.636 g
Arginine	2.841 g
Aspartic acid	4.758 g
Cystine	1.099 g
Glutamic acid	6.190 g
Glycine	1.591 g
Histidine	1.121 g
Isoleucine	2.583 g
Leucine	4.046 g
Lysine	3.402 g
Methionine	1.477 g
Phenylalanine	2.515 g
Proline	1.886 g
Serine	3.523 g
Threonine	2.273 g
Tryptophan	0.576 g
Tyrosine	1.932 g
Valine	2.886 g

#### **VITAMINS**

Vitamin A	900 IU
Vitamin B1 – Thiamin	0.195 mg
Vitamin B2 – Riboflavin	1.54 mg
Vitamin B3 – Niacin	0.305 mg
Vitamin B6 – Pyridoxine	0.388 mg
Vitamin B12	3.95 mcg
Folic Acid	171 mcg
Pantothenic acid	5.905 mg

\* Data from Agricultural Research Service, USDA

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## **Free-Flowing Dried Whole Eggs** **Nutritional information per 100g \***

Calories	582 kcal
Calories from Fat	360 kcal
Carbohydrate	4.9 g
Protein (N x 6.25)	46 g
Ash	5.6 g
Moisture	3.04 g

Total Fat	40 g
Saturated Fat	12.47 g
Monounsaturated Fat	15.03 g
Polyunsaturated Fat	5.69 g
Trans Fatty Acids	0 g
Cholesterol	1681 mg

### **MINERALS**

Calcium	227 mg
Copper	0 mg
Iron	7.954 mg
Magnesium	41.36 mg
Manganese	0.12 mg
Phosphorus	814 mg
Potassium	484.04 mg
Sodium	603 mg
Zinc	5 mg

### **AMINO ACIDS**

Alanine	2.583 g
Arginine	2.784 g
Aspartic acid	4.663 g
Cystine	1.077 g
Glutamic acid	6.066 g
Glycine	1.559 g
Histidine	1.099 g
Isoleucine	2.531 g
Leucine	3.965 g
Lysine	3.334 g
Methionine	1.447 g
Phenylalanine	2.465 g
Proline	1.848 g
Serine	3.453 g
Threonine	2.228 g
Tryptophan	0.564 g
Tyrosine	1.893 g
Valine	2.828 g

### **VITAMINS**

Vitamin A	882 IU
Vitamin B1 – Thiamin	0.191 mg
Vitamin B2 – Riboflavin	1.51 mg
Vitamin B3 – Niacin	0.299 mg
Vitamin B6 – Pyridoxine	0.38 mg
Vitamin B12	3.87 mcg
Folic Acid	168 mcg
Pantothenic acid	5.787 mg

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## **Dried Egg Whites: Type H-40** **Nutritional information per 100g \***

Calories	382 kcal
Calories from Fat	0 kcal
Carbohydrate	7.8 g
Protein (N x 6.25)	81.1 g
Ash	5.3 g
Moisture	5.8 g

Total Fat	0 g
Cholesterol	0 mg

### **MINERALS**

Calcium	62 mg
Copper	0.114 mg
Iron	0.15 mg
Magnesium	88 mg
Manganese	0.007 mg
Phosphorus	111 mg
Potassium	1125 mg
Sodium	1280 mg
Zinc	0.1 mg

### **VITAMINS**

Vitamin A	0 IU
Vitamin B1 – Thiamin	0.005 mg
Vitamin B2 – Riboflavin	2.53 mg
Vitamin B3 – Niacin	0.865 mg
Vitamin B6 – Pyridoxine	0.036 mg
Vitamin B12	0.18 mcg
Folic Acid	18 mcg
Pantothenic acid	0.775 mg

### **AMINO ACIDS**

Alanine	4.684 g
Arginine	4.412 g
Aspartic acid	8.253 g
Cystine	2.102 g
Glutamic acid	10.770 g
Glycine	2.842 g
Histidine	1.830 g
Isoleucine	4.581 g
Leucine	6.838 g
Lysine	5.515 g
Methionine	2.790 g
Phenylalanine	4.736 g
Proline	3.153 g
Serine	5.593 g
Threonine	3.685 g
Tryptophan	0.999 g
Tyrosine	3.153 g
Valine	5.164 g

\* Data from Agricultural Research Service, USDA

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## **Dried Egg Whites: Type Angel** **Nutritional information per 100g \***

Calories	382 kcal
Calories from Fat	0 kcal
Carbohydrate	7.8 g
Protein (N x 6.25)	81.1 g
Ash	5.3 g
Moisture	5.8 g

Total Fat	0 g
Cholesterol	0 mg

### **MINERALS**

Calcium	62 mg
Copper	0.114 mg
Iron	0.15 mg
Magnesium	88 mg
Manganese	0.007 mg
Phosphorus	111 mg
Potassium	1125 mg
Sodium	1280 mg
Zinc	0.1 mg

### **AMINO ACIDS**

Alanine	4.684 g
Arginine	4.412 g
Aspartic acid	8.253 g
Cystine	2.102 g
Glutamic acid	10.770 g
Glycine	2.842 g
Histidine	1.830 g
Isoleucine	4.581 g
Leucine	6.838 g
Lysine	5.515 g
Methionine	2.790 g
Phenylalanine	4.736 g
Proline	3.153 g
Serine	5.593 g
Threonine	3.685 g
Tryptophan	0.999 g
Tyrosine	3.153 g
Valine	5.164 g

### **VITAMINS**

Vitamin A	0 IU
Vitamin B1 – Thiamin	0.005 mg
Vitamin B2 – Riboflavin	2.53 mg
Vitamin B3 – Niacin	0.865 mg
Vitamin B6 – Pyridoxine	0.036 mg
Vitamin B12	0.18 mcg
Folic Acid	18 mcg
Pantothenic acid	0.775 mg

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## **Dried Egg Whites: Type C-30** **Nutritional information per 100g \***

Calories	382 kcal
Calories from Fat	0 kcal
Carbohydrate	7.8 g
Protein (N x 6.25)	81.1 g
Ash	5.3 g
Moisture	5.8 g

Total Fat	0 g
Cholesterol	0 mg

### **MINERALS**

Calcium	62 mg
Copper	0.114 mg
Iron	0.15 mg
Magnesium	88 mg
Manganese	0.007 mg
Phosphorus	111 mg
Potassium	1125 mg
Sodium	1280 mg
Zinc	0.1 mg

### **AMINO ACIDS**

Alanine	4.684 g
Arginine	4.412 g
Aspartic acid	8.253 g
Cystine	2.102 g
Glutamic acid	10.770 g
Glycine	2.842 g
Histidine	1.830 g
Isoleucine	4.581 g
Leucine	6.838 g
Lysine	5.515 g
Methionine	2.790 g
Phenylalanine	4.736 g
Proline	3.153 g
Serine	5.593 g
Threonine	3.685 g
Tryptophan	0.999 g
Tyrosine	3.153 g
Valine	5.164 g

### **VITAMINS**

Vitamin A	0 IU
Vitamin B1 – Thiamin	0.005 mg
Vitamin B2 – Riboflavin	2.53 mg
Vitamin B3 – Niacin	0.865 mg
Vitamin B6 – Pyridoxine	0.036 mg
Vitamin B12	0.18 mcg
Folic Acid	18 mcg
Pantothenic acid	0.775 mg

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## **Fortex 26**

### **Nutritional information per 100g \***

Calories	513.14 kcal
Calories from Fat	237 kcal
Carbohydrate	36.07 g
Protein	31.79 g
Total fat	26.31 g
Trans fat	0 g
Saturated fat	8.17 g
Polyunsaturated fat	3.73 g
Monounsaturated fat	9.85 g
Cholesterol	1101.72 mg
Total dietary fiber	0 g
Calcium	148.72 mg
Iron	4.47 mg
Sodium	915.39 mg
Vitamin A	578.16 IU
Vitamin C	0 mg
Moisture	3.36 g

\* Data from Agricultural Research Service, USDA

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## **Fortex 231**

### **Nutritional information per 100g \***

Calories	539 kcal
Calories from Fat	284 kcal
Carbohydrate	33.01 g
Protein	29.55 g
Total fat	31.51 g
Trans fat	0 g
Saturated fat	9.74 g
Polyunsaturated fat	4.46 g
Monounsaturated fat	11.86 g
Cholesterol	1319.26 mg
Total dietary fiber	0 g
Calcium	169.81 mg
Iron	4.29 mg
Sodium	826.46 mg
Vitamin A	716.44 IU
Vitamin C	0 mg
Moisture	3.30 g

\* Data from Agricultural Research Service, USDA

Product code #4030

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## **Fortex 500**

### **Nutritional information per 100g \***

Calories	600 kcal
Calories from Fat	390 kcal
Carbohydrate	23.48 g
Protein	27.44 g
Total fat	43.30 g
Trans fat	0 g
Saturated fat	13.31 g
Polyunsaturated fat	6.13 g
Monounsaturated fat	16.39 g
Cholesterol	1811.73 mg
Total dietary fiber	0 g
Calcium	220.55 mg
Iron	4.27 mg
Sodium	436.97 mg
Vitamin A	1020.31 IU
Vitamin C	0 mg
Moisture	3.15 g

\* Data from Agricultural Research Service, USDA

Product code #4040

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